



# **International Masters' Speed Skating Committee**

**IMSSC Office:** International Masters' Speed Skating Committee (IMSSC)  
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## **Constitution and Regulations 2008/2009 of the International Masters' Speed Skating Committee (IMSSC)**

**(According to the decisions of the 28<sup>th</sup> Session of the IMSSC,  
Erfurt/GER, 28 Feb 2008)**

Alterations as against the last text from 2007 are underlined.

### **Part I: Constitution**

#### **Article 1: Objectives**

The objectives of the International Masters' Speed Skating Committee (IMSSC), founded in 1994, are to promote and encourage the development of Masters' Speedskating in all possible manifestations throughout the world, especially by promoting Masters' International Speed Skating Championships and other Masters' International Speed Skating Competitions, especially in 5 year age groups, and by promoting the development of uniform rules and regulations for Masters' Speed Skating Competitions in cooperation with the International Skating Union (ISU) and the National Speed Skating Associations.

#### **Article 2: Appointment and Status of IMSSC Members**

Every nation can only have one member in the IMSSC. Every nation has one vote. Members of the IMSSC are appointed by the IMSSC. All members of the IMSSC have equal rights. Every member of the IMSSC may have an assistant taking part in the Session of the IMSSC.

#### **Article 3: Sessions and Decisions of the IMSSC**

The IMSSC holds two sessions a year, the Winter Session during the Masters' International Speed Skating Games in winter and the Summer Session in summer. If a Member of the IMSSC cannot take part at an IMSSC Session, the Member can send a deputy who has the right to vote for the IMSSC Member, but only if the IMSSC Office is informed by the IMSSC Member by written word in a letter, a fax or an email until one week before the session (arrival at the IMSSC Office).

Decisions by vote about alterations of the IMSSC Constitution and Regulations can only be made at the Winter Session. Such decisions can only be based on Proposals that have to be made by written word in a letter, a fax or an email until 6 weeks before the Winter Session (arrival at the IMSSC Office). Decisions on the Constitution and Regulations get validity from the following July 1.

The Summer Session is a working session and can only make decisions by vote to fulfill the decisions of the Winter Session, e.g. distribution of tasks and work progression.

At the opening of a session a secretary to write the Minutes must be appointed. Within two months after the session the secretary must present a draft of the Minutes to the participants for review and possible corrections. The final Minutes must be distributed by the IMSSC Office to all IMSSC Members and relevant ISU officials within 3 months after the session.

## **Article 4: Use of Emblems and Graphics of the IMSSC and the “ICEOVAL”**

Use of Emblems and Graphics of the IMSSC and the International Masters’ Speed Skating News “ICEOVAL” on National Masters’ Websites:

It is not allowed to use the names “International Masters Speed Skating Committee”, “IMSSC”, “International Masters Speed Skating News”, “ICEOVAL” and the Emblems and Graphics of the IMSSC and the ICEOVAL at outstanding places at National Masters’ Websites. Especially at the first page of a National Masters’ Webpage it has to be clear that it is not the Webpage of the International Masters’ Speed Skating Committee or the International Masters’ Speed Skating News but a National Masters’ Webpage.

## **Article 5: Delegation of Tasks by the IMSSC**

Delegation of tasks to members of the IMSSC or to other co-workers by the IMSSC:

- 5.1 **IMSSC Office/IMSSC Correspondence:** Dr. Volker Serini/GER.
- 5.2 **Editing ICEOVAL (IMSS-News):** Dr. Volker Serini/GER.
- 5.3 **Financial Affairs:** Roland Hagemann (Cash Auditor)/GER, Dr. Volker Serini (Treasurer)/GER.
- 5.4 **List of IMSSC Records and other Statistics:** Sven-Åge Svensson/NOR.
- 5.5 **IMSSC Record Certificates:** Lasma Kauniste/LAT.
- 5.6 **Official Contacts of the IMSSC to the ISU:**  
Dr. Volker Serini/GER, Jae-Seok Choi/KOR, Sven-Åge Svensson/NOR, Andrew Love (USA)
- 5.7 **Contacts to the ISU Representatives of their Countries:** All members of the IMSSC.
- 5.8 **Contacts to their National Speed Skating Associations:** All members of the IMSSC.
- 5.9 **Contacts to WMA\* , EVAA\* , IAAF\* , FINA\*:** Dr. Volker Serini/GER.
- 5.10 **Preparation CRITEREON Erfurt/GER 2008:** Werner Noack/GER, Werner Appelt/GER.
- 5.11 **Preparation REVIVAL Baselga di Pinè/ITA 2008:** Enrico Colombini/ITA, Sergio Revolti/ITA.
- 5.12 **Preparation AMERICAN SPRINT Milwaukee 2009:** Andrew Love (USA)
- 5.13 **Preparation MEETING Davos/SUI 2009:** Bryan Carbis/SUI
- 5.14 **Preparation SINGLE DISTANCE RACES Hamar/NOR 2009:**  
Sven-Åge Svensson/NOR.
- 5.15 **Preparation SPRINT GAMES Inzell/GER 2009:** Hubert Graf/GER, Dr. Volker Serini/GER.

- 5.16 **Preparation MASTER CUP Berlin/GER 2009:** Jörg Krakow/GER, Kurt Ney/GER
- 5.17 **Preparation Int. AMERICAN CHAMPIONSHIPS Milwaukee/USA 2009:**  
Andrew Love/USA
- 5.18 **Preparation Int. CANADIAN CHAMPIONSHIPS Vancouver/CAN 2009:**  
Gregg Planert (CAN), Brett Arnason (CAN)
- 5.19 **Preparation GAMES Bjugn/NOR 2009:** Ådne Røkkum/NOR,  
Steinar Fagerheim/NOR, Sven-Åge Svensson/NOR
- 5.20 **Preparation Int. RUSSIAN ALLROUND CHAMPIONSHIPS Kolomna/RUS  
2009:** Vladimir Tkachenko/RUS
- 5.21 **Preparation HEERENVEEN SPRINT/NED 2009:** Bram de Vries/NED.
- 5.22 **Preparation LONG DISTANCE RACES Heerenveen/NED 2009:**  
Bram de Vries/NED.
- 5.23 **Preparation Int. MASTERS' COMPETITION Salt Lake City/USA 2009:**  
Andrew Love/USA
- 5.24 **IMSSC Internet Representation International [www.imssc.org](http://www.imssc.org) :**  
Dominik Wehling/GER.

\* : **WMA** = World Masters Athletics; **EVAA** = European Veterans Athletic Association;  
**IAAF** = Int. Association of Athletics Federations; **FINA** = Fédération Internationale de Natation Amateur

## **PART II: Regulations**

### **Introduction**

Masters' International Speed Skating Competitions have been organized since 1991 in several countries (CAN, FIN, GER, ITA, NED, NOR, SUI, USA) generally by speed skating clubs and since 1994 promoted by the International Masters' Speed Skating Committee (IMSSC). The outstanding annual event is the Masters' International Speed Skating Games, the unofficial Masters World Allround Championships. Determination of the host country is through planning and voting of the IMSSC Members.

Every year the Masters' International Competitions are in the Official ISU Competition List as compiled by the ISU. Also listings of these events can be found in the International Masters' Speed Skating News, which is issued by the IMSSC in October, and in the internet under [www.imssc.org](http://www.imssc.org) .

Generally the Masters' International Speed Skating Competitions are held under the Rules of the International Skating Union (ISU). Since there are no special rules for Masters in the ISU Rules and the existing rules are not always applicable, here shall be issued additional rules for Masters' International Speed Skating Competitions. These rules have been implemented for more than ten years of Masters International Competitions. The establishment of uniform rules throughout the global Masters' community has become a pressing obligation. Current practice has been evolving in competitions promoted by the IMSSC.

It is the intention of the IMSSC that these Rules will be incorporated into the ISU Rules, for example as ISU Rule 277 of the Special Regulations Speed Skating.

## **Rule 1: Masters Definition**

Masters are non-professional speedskaters (members of National teams and National selections excluded) from 30 years, the age being defined as age reached during the competition year 1st July till 30th June, competing in 5year age groups 30-34 (30), 35-39 (35), 40-44 (40), 45-49 (45), 50-54 (50), 55-59 (55), 60-64 (60), 65-69 (65), 70-74 (70), 75-79 (75), 80-84 (80), 85-89 (85), 90-94 (90) and higher (as high as necessary).

## **Rule 2: Competitions**

### **2.1 Masters' International Speedskating Games and other Masters' International Speed Skating Competitions**

#### **2.1.1 Masters' International Speed Skating Allround Games**

The Masters' International Speed Skating Games shall be held every year with rotating country and location. They may be organized by a club or a National Speed Skating Association.

The distances for the Masters' International Speed Skating Games are:

Ladies	500 m, 1500 m, 1000 m, 3000 m	(age groups 30 – 65)
Ladies	500 m, 1000 m, 1500 m	(age groups 70 and higher)
Men	500 m, 3000 m, 1500 m, 5000 m	(age groups 30 – 60)
Men	500 m, 3000 m, 1000 m, 3000 m	(age groups 65 and higher)

#### **2.1.2 Masters' International Speed Skating Sprint Games**

The Masters' International Speed Skating Sprint Games shall be held every year with rotating country and location. They may be organized by a club or a national Speed Skating Association.

The distances for these Sprint Games are:

<u>Ladies and Men:</u>	<u>500 m, 1000 m (first day)</u>
	<u>500 m, 1000 m (second day)</u>

#### **2.1.3 Masters' International Speed Skating Competitions**

Masters' International Speed Skating Competitions will be held in different countries. They may be organized by a club or a National Speed Skating Association.

## **2.2 Entry**

The official entry form of the competition is sent to the organizer via direct mail by the competitor, or through representation of the club/association the skater belongs. Every competing skater must be licensed in their own country.

Countries which enter to the Masters' Games on the national level have not to accept entries before the announcement of the Games has been issued in the International Masters' Speed Skating News "ICEOVAL" and in the IMSSC or IMSSG Webpage. If they accept entries electronically over their National Website they have to mark the electronically entry form that it is only valid for National participants.

## **2.3 Restriction of Participants**

If the number of participants in a competition must be restricted, certain decisions will be made to handle selection process. Entries received earlier shall have priority of the participation. If quota are needed for Nations as determined by the IMSSC or the hosting country, each nation is to follow in principle to these practices, if not regulated in another manner by the respective National IMSSC Member, for example by limit times, best times, etc. and perhaps partially by wild cards (for example for participants disabled or for long standing participants).

## **2.4 Confirmation of Participation**

A confirmation of participation may be organized as follows if written in the announcement of the competition: If an announced skater is not present at the drawing, he will be removed from the list of participants if he did not confirm participation to the organizer 36 hours to 12 hours before the drawing (arrival of the confirmation at the organizer) by written word (Telefax or Email or Telegram). The address for the confirmation is indicated in the official entry form.

## **2.5 Drawing and Ranking**

Drawing at International Masters' Speed Skating Competitions, including Masters' International Speed Skating Games, must be done according to ISU Rule 228 for International Competitions and Rule 226, paragraph 3, for International Sprint Competitions.

Generally the age groups are drawn separately. If the number of competitors is very small in one or several of the five year age groups, neighbored 5year age groups may be joined together for drawing and speedskating. However final classification must be done separately in 5year age groups independant of the number of participants in an age group.

To recognize in the competition protocol the ranking of every 5year age group in joined 5year age groups also before the final classification, the name of the competitor in joined 5year age groups has to be supplemented by the age group, for instance "Otto Meier 55".

## **2.6 Seeding at Masters' Single Distance Races**

At Masters' Single Distance Races seeding of skaters in their five year age groups is allowed according to their best times of the season, their best times of the last season or their estimated times. Generally the five year age groups are seeded separately. If the number of competitors is very small in one or several of the 5 year age groups, neighbored 5 year age groups may be joined together for seeding and speed skating. However final classification must be done separately in 5 year age groups independant of the number of Participants in a 5 year age group.

## **2.7 Restrictions of Participants in the Last Distance**

If the time schedule requires limitation of participants in the last distance, a minimum number of skaters must be allowed to skate according to the following rule:

In the last distance 4 skaters of every class are always allowed to skate. If there are more than 4 skaters in the group, the rest of the skaters are divided by 2, and all full pairs are allowed to skate in addition to the basic 4. This will give the following number of skaters:

Number of skaters	Skaters on last distance
1 – 3	1 – 3
4 – 7	4
8 – 11	6
12 – 15	8
16 – 19	10
20 – 23	12
24 – 27	14
28 – 31	16
etc.	

## **2.8 Lap Counters at International Masters' Competitions**

At International Masters' Competitions with quartet start in minimum two experienced and well trained lap scorers are mandatory and the counter signs shall be available in four colours (white, red, yellow and blue).

## **2.9 Recommendation for Overtaking**

Overtaking takes place very often in races with quartet start. The competitor is recommended to overtake another competitor in the speed skating competition only on the outside if both are in the same track. That minimizes the danger of accidents. There is no ISU Rule that a skater who will be overtaken in a track has to go to the outside of the track.

## **2.10 IMSSC Fee**

At Masters' International Games and Masters' International Competitions, promoted by the IMSSC, the competitor has to pay the IMSSC fee for the work of the IMSSC besides the starting fee. The amount of the fee will be decided by the IMSSC.

## **Rule 3: International Masters' Records (IMSSC Records)**

### **3.1 Age groups**

IMSSC Records are listed by the IMSSC for the age groups defined in Rule 1.

### **3.2 Single Distances and Allround Competitions**

IMSSC Records will be registered by the IMSSC for the following single distances (times) and three and four distance competitions (grand total number of points).

Single distances:      500 m, 1000 m, 1500 m, 3000 m, 5000 m, 10000 m (Ladies)  
                                  500 m, 1000 m, 1500 m, 3000 m, 5000 m, 10000 m (Men)

Three and four distances competitions (sum of points):

Ladies Allround Small	500 m, 1000 m, 1500 m
Ladies Allround	500 m, 1500 m, 1000 m, 3000 m
Ladies Sprint	500 m, 1000 m, 500 m, 1000 m

Men Allround Big	500 m, 5000 m, 1500 m, 10000 m
Men Allround Small	500 m, 1500 m, 1000 m, 3000 m
Men Allround	500 m, 3000 m, 1500 m, 5000 m
Men Sprint	500 m, 1000 m, 500 m, 1000 m

### 3.3 Applications

IMSSC Records (International Masters' Records) are recognized only for times and points reached in International Masters' Competitions approved by the IMSSC at the preceding Winter Session, which fulfil the requirements of the IMSSC Rules and ISU Rules, and for National Masters Championships, which fulfil also the requirements of the IMSSC Rules and ISU Rules. Applications for IMSSC Records must be made by the IMSSC Member of the Country, where the Competition has taken place, or by the Organizer of this Competition by sending one set of the necessary documents to the IMSSC Statistician (Sven-Åge Svensson, Simensbraatveien 23 B, N-1182 Oslo, NORWAY) and one further set of the necessary documents to the Mailing Address of the IMSSC (IMSSC, Dr. Volker Serini, Sebastian-Kneipp-Weg 2, D-47802 Krefeld, GERMANY). If the documents are not written in English, the text in these documents additionally has to be translated into English by the applicant.

One set of the necessary documents comprises the following documents: Official Announcement (if not issued in the IMSS-News), Official Competition Program (timetable), Official Protocol of the Competition, and birthdates of the competitors who have lowered IMSSC Records.

If there is no IMSSC Member or Organizer of the Competition who makes an IMSSC Record Application, the competitor who has lowered an IMSSC Record may make an application for an IMSSC Record also by himself. The competitor must send one set of the following documents to the IMSSC Statistician (Sven-Åge Svensson, Simensbraatveien 23 B, N-1182 Oslo, NORWAY) and one further set of the following documents to the Mailing Address of the IMSSC (IMSSC, Dr. Volker Serini, Sebastian-Kneipp-Weg 2, D-47802 Krefeld, GERMANY): Official announcement (if not issued in the IMSS-News), Official Competition Program (timetable), Official Protocol of the results and a filled in Official IMSSC Record Application Form.

Applications of IMSSC Records are possible for competitions in the competition year (1 July - 30 Juni of the next year). Latest application date for IMSSC Records of every competition is 6 weeks after the competition date (arrival of the application at the IMSSC).

The Official Protocol of the Competition must be printed and must contain:

- a) every draw by lot and arrangement of pairs which has taken place (ISU Rule 268 § 1 a)
- b) the times of automatic timekeeping, recorded in hundredth of a second (ISU Rule 268 § 1 b), including starting times, lap times, accumulated lap times, finish times;
- c) the times of manual timekeeping – accumulated lap times in tenth of a second (see ISU Rule 247) – final times in hundredth of a second (see ISU Rules 246 § 6 and 268 § 1 c).
- d) Name of the organizer and names and functions of the jury members, weather conditions.

## **3.4 Provisions**

### **3.4.1**

Result reached at a national or international announced competition with 5 year age groups from 30 years (see above Rule 1) by a speed skater with a competition license of his national speed skating association, being member of the International Skating Union (ISU). If other speed skaters start in a speed skating event besides one or several age groups of Master Speed Skaters from 30 years, each Master Speed Skater must be clearly marked with Age Group in the starting lists, results and standings during the competition and in the final results.

### **3.4.2**

Result better than at the IMSSC Records' List of the last year of competition, published by the IMSSC in the last issue of the International Seniors' Speed Skating News (IMSS-News) or in another manner. If there is not mentioned a record for a 5 year age group in the IMSSC Records' List, the first of a race in this 5 year age group may make a record application.

### **3.4.3**

IMSSC Records over all distances may be recognized also for times achieved in quartet starts (see ISU Rule 273 § 1 f).

### **3.4.4**

Distances to be skated must be in accordance with the announcement (see ISU Rule 273 § 3 b).

### **3.4.5**

The track must be a Standard Speed Skating Track of 400 meters (ISU Rule 273 § 4 a).

### **3.4.6**

The conditions of ISU Rules 207 (track), 244 (watches), 245 (manual time keeping) and 246 (automatic time keeping) must be observed. Automatic timekeeping must have been used (ISU Rule 273 § 1 b).

### **3.4.7**

In races over several laps, the time must be taken and noted for each lap. Also the accumulated lap times shall be recorded in units of a hundredth of a second when automatic timekeeping is used and in units of a hundredth of a second when automatic timekeeping is used and in units of a tenth of a second for the manual timekeeping (ISU Rule 247).

### **3.4.8**

IMSSC Records for Allround combinations over four distances can only be recognized if the competition is held over a maximum of three days, and the distances are skated in the order indicated in the announcement (ISU Rule 273 § 1 c).

### **3.4.9**

IMSSC Records for the Sprint combination over four distances can only be recognized if the competition is over two days, with each individual distance skated only once each day and changed starting lanes on the second day (see ISU Rules 226 § 3 and 273 § 4 d).

#### **3.4.10**

If the existing IMSSC Record is broken more than once on the same day in competitions at the same venue, only the best time obtained shall be recognized as a new IMSSC Record.

However, when the final classification

for the 500 meters is decided based on the total time in two races, each 500 meters race is to be considered as a separate competition (see ISU Rule 273 § 5).

#### **3.4.11**

Any competitor who equals an existing IMSSC Record shall have his name entered in the IMSSC Records' List (see ISU Rule 273 § 6).

#### **3.4.12**

For each Record obtained, or the equalling of any record, the IMSSC shall issue a diploma to the skater (see ISU Rule 273 § 7).

### **3.5 Decision about IMSSC Records, Issue of the IMSSC Records' List**

#### **3.5.1**

The IMSSC decides on the recognition of new IMSSC Records.

#### **3.5.2**

The IMSSC Records' List of the last winter season will be published by the IMSSC in the International Masters' Speed Skating News (IMSS-News) or in another manner every year.

## **Rule 4: Alterations and Supplements**

Alterations and Supplements of the IMSSC Constitution and Regulations will be made by the decisions of the IMSSC.

INTERNATIONAL MASTERS' SPEED SKATING COMMITTEE (IMSSC)

Krefeld, 13 Mar 2008

*Dr. Volker Serini*

Attachment: Official IMSSC Record Application Form

08-IO-11-Constitution-Regulations

#### **IMSSC Members:**

*Hubert Kreutz (AUT), Willy Caboor (BEL), Brett F. Arnason (CAN), Petr Novák (CZE), Indrek Aarna, Ph.D. (EST), Matti Kilpeläinen (FIN), Dr. Volker Serini (GER), Antonio Nitto (ITA), Jae-Seok Choi (KOR), Lasma Kauniste (LAT), Bram de Vries (NED), Sven-Åge Svensson (NOR), Miklos Jenei (ROM), Vladimir Tkachenko (RUS), Markus Ulmer (SUI), Donald Drielsma (SWE), Andrew Love (USA)*

#### **IMSSC Honorary Members:**

*Roland Hagemann (GER), Dominik Wehling (GER), Aris J. Dijkman (NED), Drs. Harry G. Falke (NED), Peter Reimann (SUI)*



# International Masters' Speed Skating Committee

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Phone + 49 2151 563177, Mobile Phone +49 172 26 36664, Fax +49 2151 563975,  
eMail: [info@imssc.org](mailto:info@imssc.org) Internet: [www.imssc.org](http://www.imssc.org)

## Official IMSSC Record Application Form 2008/2009

(Only for competitors, if the Competition Organizer or the IMSSC Member of his country does not make an application for the whole competition)

**To:** International Masters' Speed Skating Committee (IMSSC), Statistician  
Sven-Åge Svensson, Simensbratvn. 23 B, N-1182 Oslo/Norway

**and:** International Masters' Speed Skating Committee (IMSSC), Office  
Dr. Volker Serini, Sebastian-Kneipp-Weg 2, D-47802 Krefeld/Germany

**Deadline:** 6 weeks after the competition (arrival at the IMSSC).

**Please fill in all data asked!**

Name/First Name /Date of birth/Male or Female /5 Year Age Group:

Complete Address (street/nr./postal code/town/province/country):

Telephone/Telefax/eMail:

Nationality/Club/License Nr.:

Name/Place /Date of Event:

Single Distance (m)/Time (1/100 sec) or 3 or 4 Distance Race/Distances (m)/Points (1/1000):

Date/Printed Name/Signature of the Referee:

Date/Printed Name/Signature of the applicant:

### Attached:

**Official Announcement of the Competition** (if not issued in the IMSS-News)

**Official Competition Program**

**Official Protocol of the Competition**

08-IO-11-Constitution-Regulations

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